

# BIOETHICS & HUMANITIES NEWSLETTER



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## WELCOME...

*Welcome* to the monthly Bioethics and Humanities Newsletter provided by the Program in Bioethics and Humanities at the University of Iowa Carver College of Medicine.

### **Program in Bioethics and Humanities:** *Our Mission*

We are committed to helping healthcare professionals explore and understand the increasingly complex ethical questions that have been brought on by advances in medical technology and the health care system. We achieve this through education, research, and service within the Carver College of Medicine, University of Iowa Health Care, University of Iowa, and the wider Iowa community.

[More Details About](#)

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## PROGRAM HIGHLIGHT:

### SHOULD WE PRACTICE WHAT WE PREACH: MEDICAL SCHOOL AND THE ETHICS OF SELF-CARE

Annee Rempel, a 4th year medical student at the University of Iowa Carver College of Medicine wrote, illustrated, and produced a YouTube video for her capstone Humanities Distinction Track Project on the topic on medical school and the ethics of self-care. To watch this video, [click here](#).



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## PUBLICATION HIGHLIGHT

To Inform, Recommend, and Sometimes Persuade: The Ethics of Physician Influence in Shared Decision Making

Lauris C. Kaldjian, MD, PhD

[\*Southern Medical Journal\*](#) (2022 Apr; 115(4):244-246)

Informed consent is broadly endorsed as a process that should facilitate shared decision making between a patient (or surrogate) and a physician (or other clinician). The goal of this collaborative process is to help patients make decisions that reflect what matters most to them, based on their guiding beliefs and values. Although there may be broad consensus that shared decision making is expected, it is not clear that physicians agree on what “shared” means. How much influence should physicians try to exert on patients, and how should it be communicated?



# BIOETHICS TOPIC OF THE MONTH:

## THE ETHICS OF ALLEVIATING SUFFERING WHILE AVOIDING HARM WITH OPIOID USE AT THE END OF LIFE

### Key Articles and Resources

- ⇒ Alsirafy SA, Galal KM, Abou-Elela EN, et al. The use of opioids at the end-of-life and the survival of Egyptian palliative care patients with advanced cancer. [Ann Palliat Med](#). 2013 Oct; 2: 173-177.
- ⇒ Berger JM, Vadivelu N. Common misconceptions about opioid use for pain management at the end of life. [Virtual Mentor](#). 2013 May 1; 15: 403-409.
- ⇒ Bruera E, MacEachern T, Ripamonti C, et al. Subcutaneous morphine for dyspnea in cancer patients. [Ann Intern Med](#). 1993 Nov 1; 119: 906-907.
- ⇒ Faris H, Dewar B, Dyason C, et al. Goods, causes and intentions: Problems with applying the doctrine of double effect to palliative sedation. [BMC Medical Ethics](#). 2021 Oct 19; 22: 141.
- ⇒ Fine RL. Ethical and practical issues with opioids in life-limiting illness. [Proc \(Bayl Univ Med Cent\)](#). 2007 Jan; 20: 5-12.
- ⇒ Fohr SA. The double effect of pain medication: Separating myth from reality. [J Palliat Med](#). 1998 Winter; 1: 315-328.
- ⇒ Knapp C. Commentary on Alsirafy et al. The use of opioids at the end-of-life and the survival of Egyptian palliative care patients with advanced cancer. [Ann Palliat Med](#). 2013 Oct; 2: 202.
- ⇒ López-Saca JM, Guzmán JL, Centeno C. A systematic review of the influence of opioids on advanced cancer patient survival. [Curr Opin Support Palliat Care](#). 2013 Dec; 7: 424-430.
- ⇒ Portenoy RK, Sibirceva U, Smout R, et al. Opioid use and survival at the end of life: A survey of a hospice population. [J Pain Symptom Manage](#). 2006 Dec; 32: 532-540.
- ⇒ Sulmasy DP, Pellegrino ED. The rule of double effect: Clearing up the double talk. [Arch Intern Med](#). 1999 Mar 22; 159: 545-550.
- ⇒ Sykes N, Thorns A. The use of opioids and sedatives at the end of life. [Lancet Oncol](#). 2003 May; 4: 312-318.
- ⇒ Von Gunten CF. [Fast facts and concepts #8: Morphine and hastened death](#) (3rd ed). 2015 May: Palliative Care Network of Wisconsin.



# BIOETHICS IN THE LITERATURE

- ⇒ Alexander D, Quirke MB, Doyle C, et al. The meaning given to bioethics as a source of support by physicians who care for children who require long-term ventilation. [Qual Health Res](#). 2022 Mar 29. [Epub ahead of print]
- ⇒ Auriemma CL, O'Donnell H, Klaiman T, et al. How traditional advance directives undermine advance care planning: If you have it in writing, you do not have to worry about it. [JAMA Intern Med](#). 2022 Apr 25. [Epub ahead of print]
- ⇒ Campbell G, Dixon MD, Lohani M, et al. Therapeutic misconception about research procedures: Does a simple information chart improve understanding? [Ethics Hum Res](#). 2022 Mar; 44: 18-25.
- ⇒ Chaiyachati BH, Peña MM, Montoya-Williams D. The complicated inadequacy of race and ethnicity data. [JAMA Pediatr](#). 2022 Apr 18. [Epub ahead of print]
- ⇒ Cobb N, Farrar-Edwards D, Chin E, et al. From paper to screen: Regulatory and operational considerations for modernizing the informed consent process. [Journal of Clinical and Translational Science](#). 2022: 1-24.
- ⇒ De Vries R. A tale of two bioethics. [Perspect Biol Med](#). 2022; 65: 133-142.
- ⇒ Doukas DJ, Ozar DT, Darragh M, et al. Virtue and care ethics & humanism in medical education: A scoping review. [BMC Med Educ](#). 2022 Feb 26; 22: 131.
- ⇒ Frank AW. Moral distress in deciding how others die. [Perspect Biol Med](#). 2022; 65: 59-72.
- ⇒ Hu A, Holl JL, Raval MV. Pediatric specific challenges of the single institutional review board mandate. [Trials](#). 2022 Mar 21; 23: 224.



## BIOETHICS IN THE LITERATURE (CONTINUED)

- ⇒ Jansen TL, Danbolt LJ, Hanssen I, et al. How may cultural and political ideals cause moral distress in acute psychiatry? A qualitative study. [BMC Psychiatry](#). 2022 Mar 23; 22: 212.
- ⇒ Jones-Nosacek C. Referral vs transfer of care: Ethical options when values differ. [Linacre Q](#). 2022 Feb; 89: 36-46.
- ⇒ Kim B, Rajagopalan A, Tabasky EM, et al. Sharing perspectives on feedback: A combined resident-faculty workshop. [BMC Med Educ](#). 2022 Mar 22; 22: 197.
- ⇒ Opole IO, Deep NN, Snyder Sulmasy L. On the ethics of nrp and the american college of physicians nrp statement. [Am J Transplant](#). 2022 Mar 5. [Epub ahead of print]
- ⇒ Robichaux C, Grace P, Bartlett J, et al. Ethics education for nurses: Foundations for an integrated curriculum. [J Nurs Educ](#). 2022 Mar; 61: 123-130.

*“... all nursing actions have ethical implications on a continuum from everyday issues to significant conflicts. Thus, the preparation of nurses at all levels to be moral agents is a critical job of the profession and specifically nursing education.”*

(Robichaux et al.)

- ⇒ Rothstein MA, Zawati MH, Thorogood A, et al. Streamlining ethics review for international health research. [Science](#). 2022 Feb 25; 375: 825-826.
- ⇒ Serpico K, Rahimzadeh V, Anderson EE, et al. Institutional review board use of outside experts: What do we know? [Ethics Hum Res](#). 2022 Mar; 44: 26-32.
- ⇒ Sokol D. When is the best time to teach medical ethics? [BMJ](#). 2022 Feb 25; 376: o504.
- ⇒ Wightman A, Goldberg A, Diekema D. Considering a covid-19 vaccine mandate for pediatric kidney transplant candidates. [Pediatr Nephrol](#). 2022 Mar 25. [Epub ahead of print]
- ⇒ Yarborough M. Moving towards less biased research. [BMJ Open Science](#). 2021; 5: e100116.

## BIOETHICS IN THE NEWS

- ⇒ Medicine needs to do right by patients prescribed opioids. [STAT News](#), April 20, 2022.
- ⇒ Four lessons from the pandemic to reboot the NIH. [Nature](#), April 20, 2022.
- ⇒ Is it futile to defend the Texas ‘futile care’ law? [BioEdge](#), April 19, 2022.
- ⇒ Developing countries are being left behind in the AI race—and that’s a problem for all of us. [The Conversation](#), April 13, 2022.
- ⇒ Report: Chinese doctors have participated in organ donation executions of prisoners. [BioEdge](#), April 12, 2022.
- ⇒ The Holocaust Memorial undone by another war. [The New Yorker](#), April 11, 2022.
- ⇒ Doctors trying to prescribe abortion pills across state lines stymied by legislation. [Kaiser Health News](#), April 6, 2022.
- ⇒ Why nurses are raging and quitting after the RaDonda Vaught verdict. [Kaiser Health News](#), April 6, 2022.
- ⇒ Oregon removes residency requirement for assisted suicide. [BioEdge](#), April 5, 2022.



## BIOETHICS OPPORTUNITIES

### UPCOMING

- ⇒ Webinar hosted by the **University of Pittsburg Center for Bioethics & Health Law** on “*The Unavoidable Priority of Values in Medical Decision-Making: Why Ethics Always Precedes Religion and Science.*” Tuesday, May 3, 2022 at 7am. For more information and to register, [click here](#).
- ⇒ Virtual Conference hosted by the **National Student Bioethics Association**. Saturday, May 21, 2022, 8am-12pm. For more information, [click here](#).
- ⇒ **The Kennedy Institute of Ethics & The Pellegrino Center for Clinical Bioethics** Intensive Bioethics Course at Georgetown University, Washington DC, June 9-11, 2022. For more information, [click here](#).
- ⇒ The Hastings Center: [Upcoming Webinars and Events](#)

### ONGOING

- ⇒ The Hastings Center: [Recent Webinars and Events](#)
- ⇒ American Journal of Bioethics: [YouTube channel](#) containing previous webinars
- ⇒ The MacLean Center for Clinical Medical Ethics: [YouTube channel](#) containing previous lectures

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# BIOETHICS SERVICES AT THE UIHC

## ETHICS CONSULT SERVICE

This service is a clinical resource for UI Health Care personnel who would like help addressing an ethical question or problem related to a patient's care. Consults can be ordered through EPIC or by paging the ethics consultant on call. For more information, [click here](#).



## CLINICAL RESEARCH ETHICS SERVICE

We provide free consultation on ethical issues related to research design, tissue banking, genetic research results, informed consent, and working with vulnerable patient populations. In particular, we assist clinical investigators in identifying and addressing the ethical challenges that frequently arise when designing or conducting research with human subjects. These include ethical challenges in sampling design; randomized and placebo-controlled studies; participant recruitment and informed consent; return of individual-level research results; community engagement processes; and more. For more information, [click here](#).